

**TIDEWATER EMERGENCY MEDICAL SERVICES, INC.  
STROKE PERFORMANCE IMPROVEMENT COMMITTEE MEETING MINUTES**

**Meeting Date:** December 12<sup>th</sup>, 2019

**Meeting Location:** Chesapeake PSOC

**Chaired By:** Dr. Michael

**Begin Time:** 2:30 p.m.    **End Time:** 3:30 p.m.

**Minutes Submitted By:** Michael McMahon

**Members Present:** Mike McMahon, Jason Sarver, Kai Funk, Matt Owens, Dr. Michael, Jay Porter, Sarah Cullen, Sheila DeYoung, Greg DeYoung, Robert Collins, Dr. Baker, Nicole Rice

| <b>Item (Project)</b>                | <b>Discussion (Status)</b>   | <b>Action Required</b> | <b>Barriers</b> | <b>By Whom/When</b> |
|--------------------------------------|--|------------------------|-----------------|---------------------|
| Introduction and Approval of Minutes | A motion was made to approve the October 2019 minutes as written. The motion was seconded and was approved.  |                        |                 |                     |
| Data Review                          | <ul style="list-style-type: none"> <li>• No data to review               <ul style="list-style-type: none"> <li>- Next meeting will have 2019 Q4 data available</li> </ul> </li> </ul>   |                        |                 |                     |
| Case Presentations                   | <ul style="list-style-type: none"> <li>• Sarah Cullen with Sentara presented a case on brainstem strokes               <ul style="list-style-type: none"> <li>- These are posterior circulation strokes – make up roughly 20% of all cases</li> <li>- Symptoms include vertigo, dizziness, and imbalance without hemiparalysis or weakness</li> <li>- “BE” portion of BEFAST can help identify these strokes</li> </ul> </li> </ul>  |                        |                 |                     |
| LVO Destination                      | <ul style="list-style-type: none"> <li>• Currently no agency is using RACE as a prehospital diversion tool               <ul style="list-style-type: none"> <li>- NFR and CFD do access RACE scores on stroke patients</li> </ul> </li> <li>• Big issue is finding a way to determine if receiving LVO facility has bed/physician available to actually treat patient if brought to them by EMS</li> <li>• Dr. Michael discussed that ER physicians need to be empowered and made confident enough to divert EMS patients based on LVO score from field</li> </ul> |                        |                 |                     |
| Old Business                         | <ul style="list-style-type: none"> <li>• Since Pulsara is no longer in use anywhere, Mike should reach out to Care Point to see if they could present at stroke meeting</li> </ul>   |                        |                 |                     |
| New Business                         | <ul style="list-style-type: none"> <li>• Craig Evans sends out emails for a state-wide stroke committee               <ul style="list-style-type: none"> <li>- Forward invites to interested individuals from this committee</li> </ul> </li> </ul>  |                        |                 |                     |
| Next Meeting                         | Next meeting to be held on 2/13/20 at 2:30 pm  |                        |                 |                     |